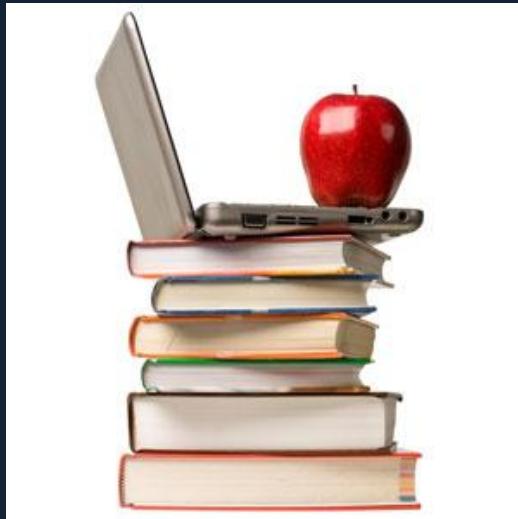
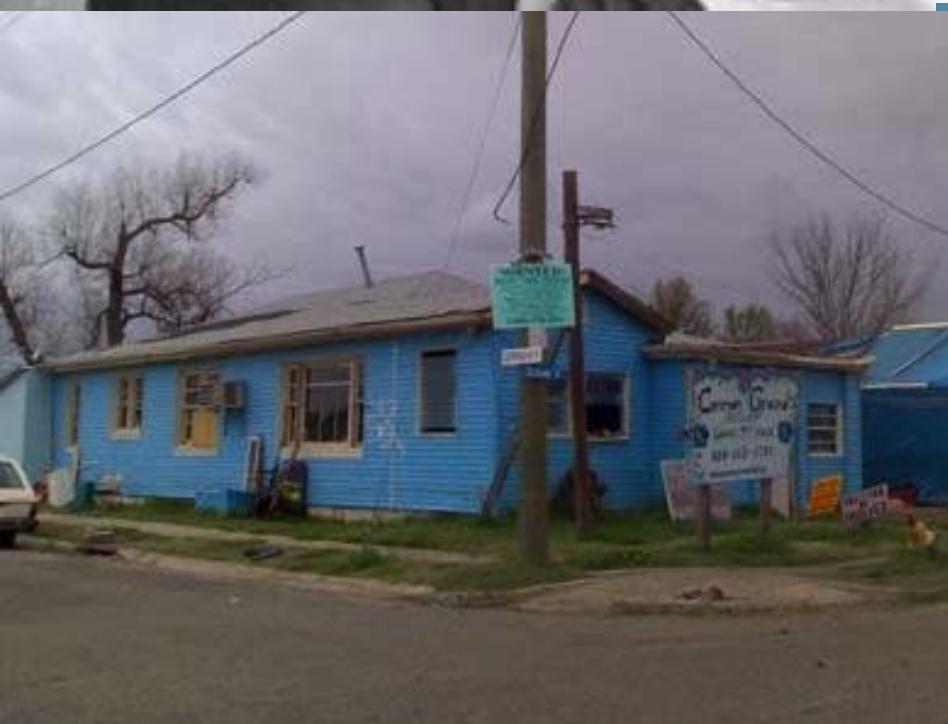


# The Doctor is Out: **HEALTH HAPPENS** **WHERE YOU LIVE, LEARN, WORK & PLAY**



**Douglas Jutte, MD, MPH**  
*Arizona Healthy Communities Conference*  
**March 19, 2014**



DEFINING  
HEALTH

Health



Health  
Care



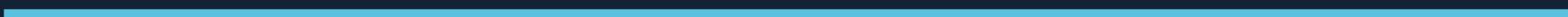
DEFINING  
HEALTH

Health

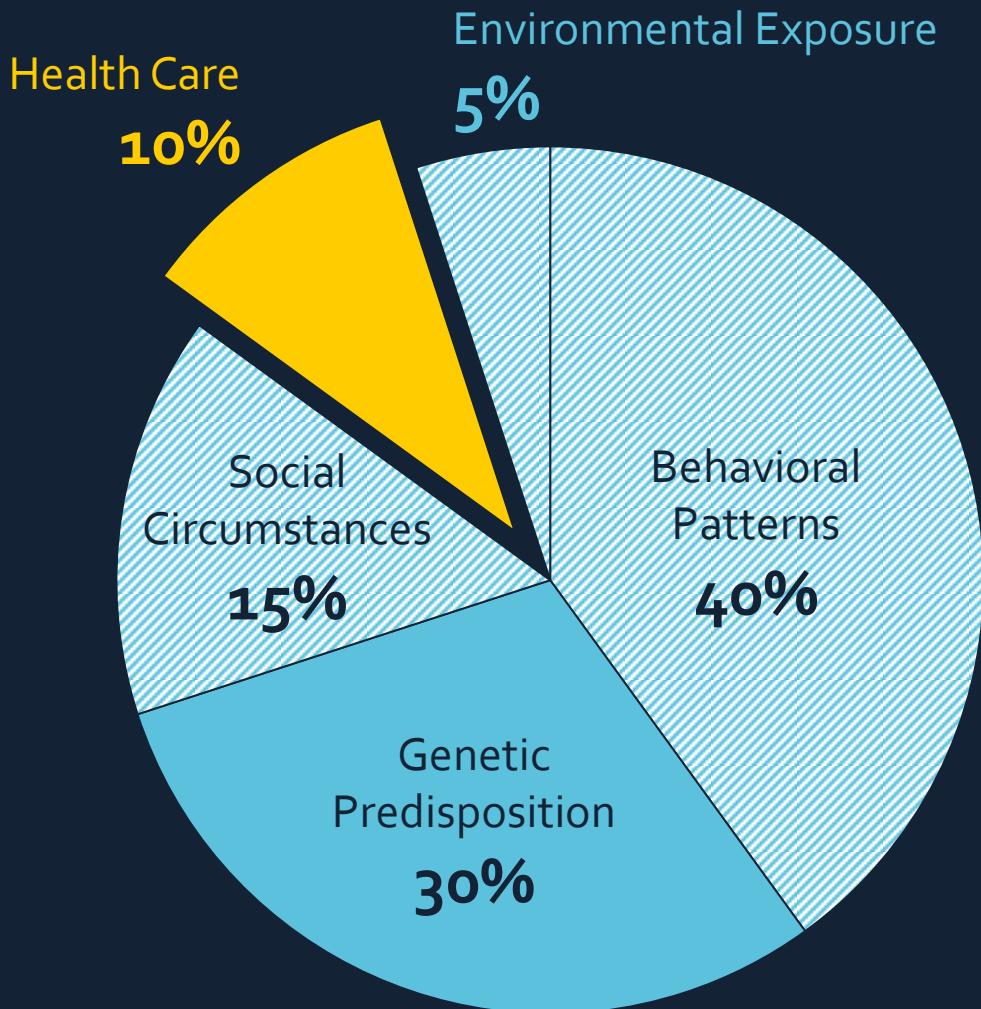


Health  
Care

Medical  
Care



# CONTRIBUTIONS TO PREMATURE DEATH

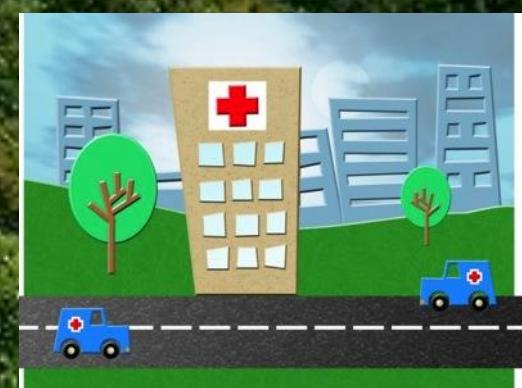


# DEFINING HEALTH

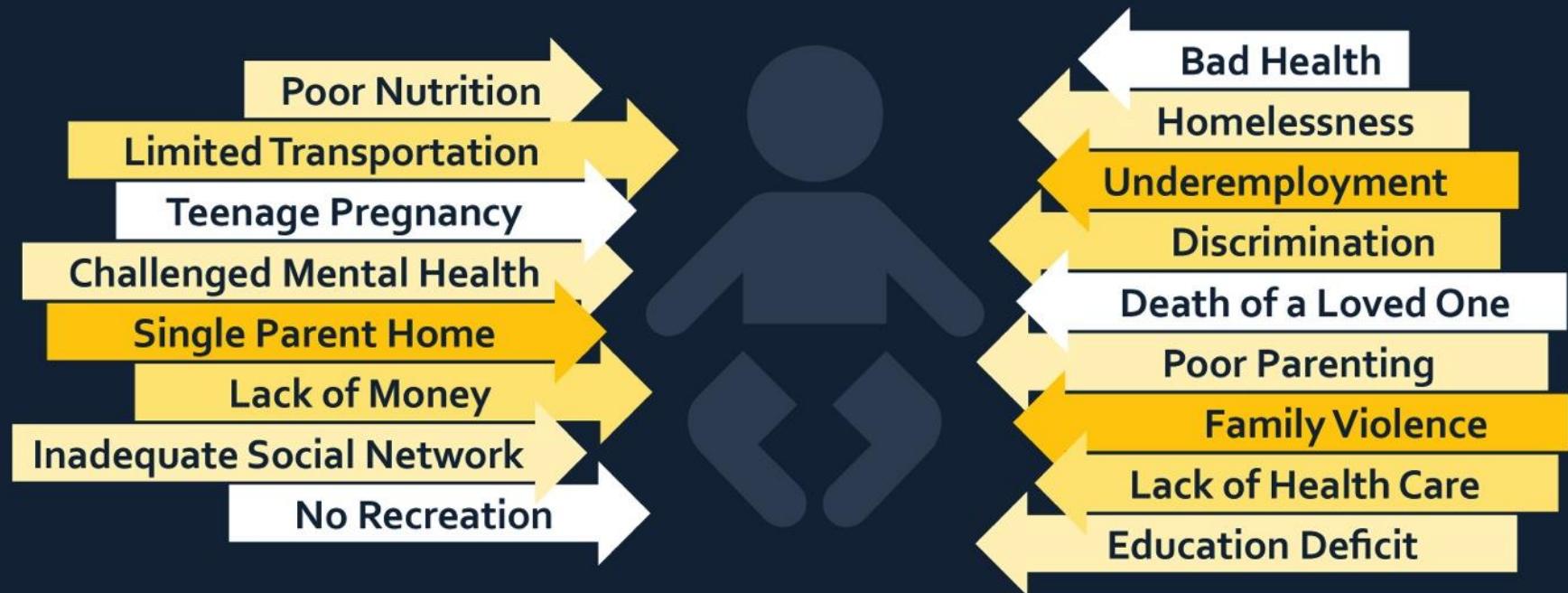
**“Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity”**

– Preamble to the Constitution of the World Health Organization, June 1946

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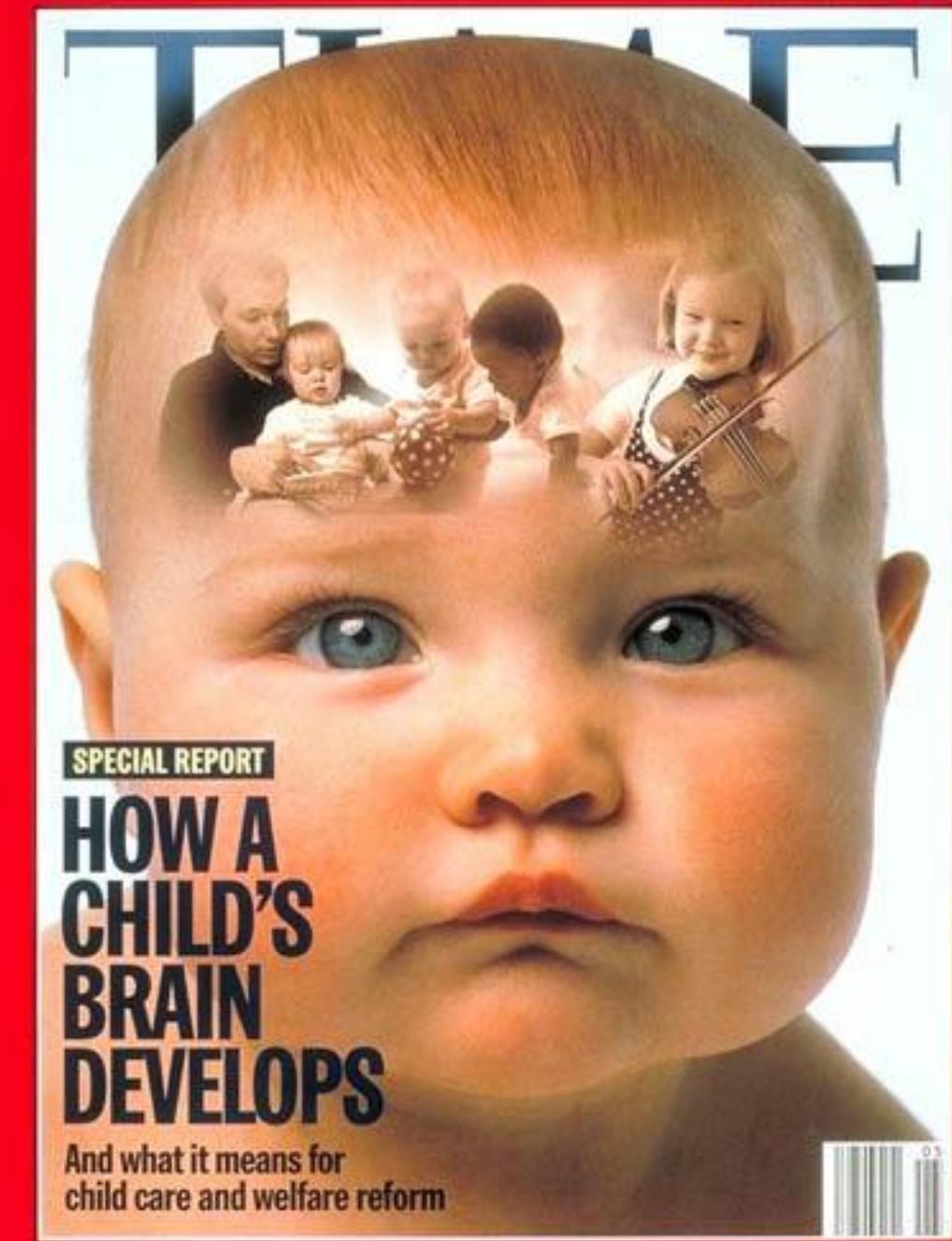


# SOCIAL DETERMINANTS OF HEALTH



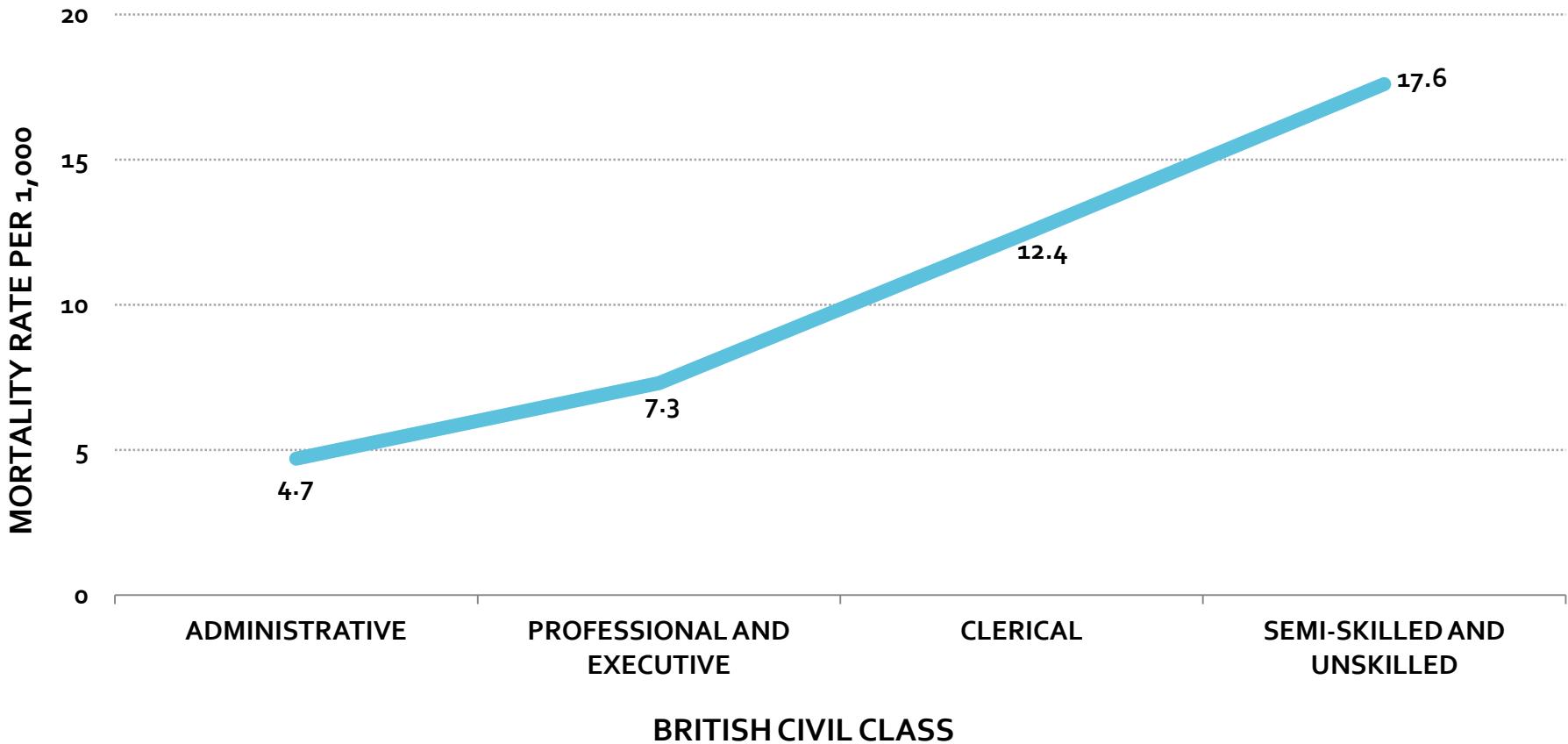
Source: [www.smartcitymemphis.com/cartoon/toxic-stress/](http://www.smartcitymemphis.com/cartoon/toxic-stress/)

# TOXIC STRESS & NEURO- DEVELOPMENT

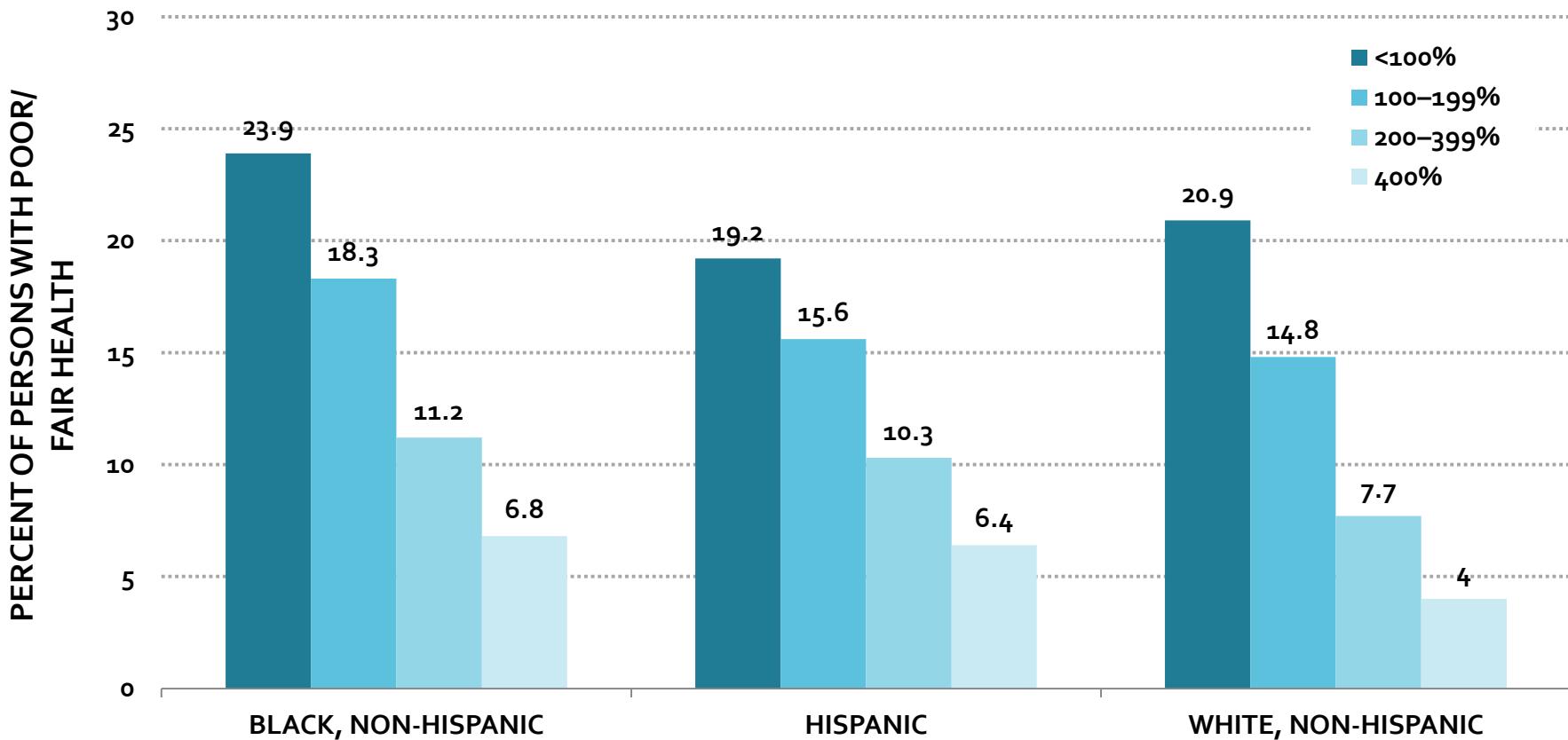


# SOCIOECONOMIC GRADIENT IN HEALTH

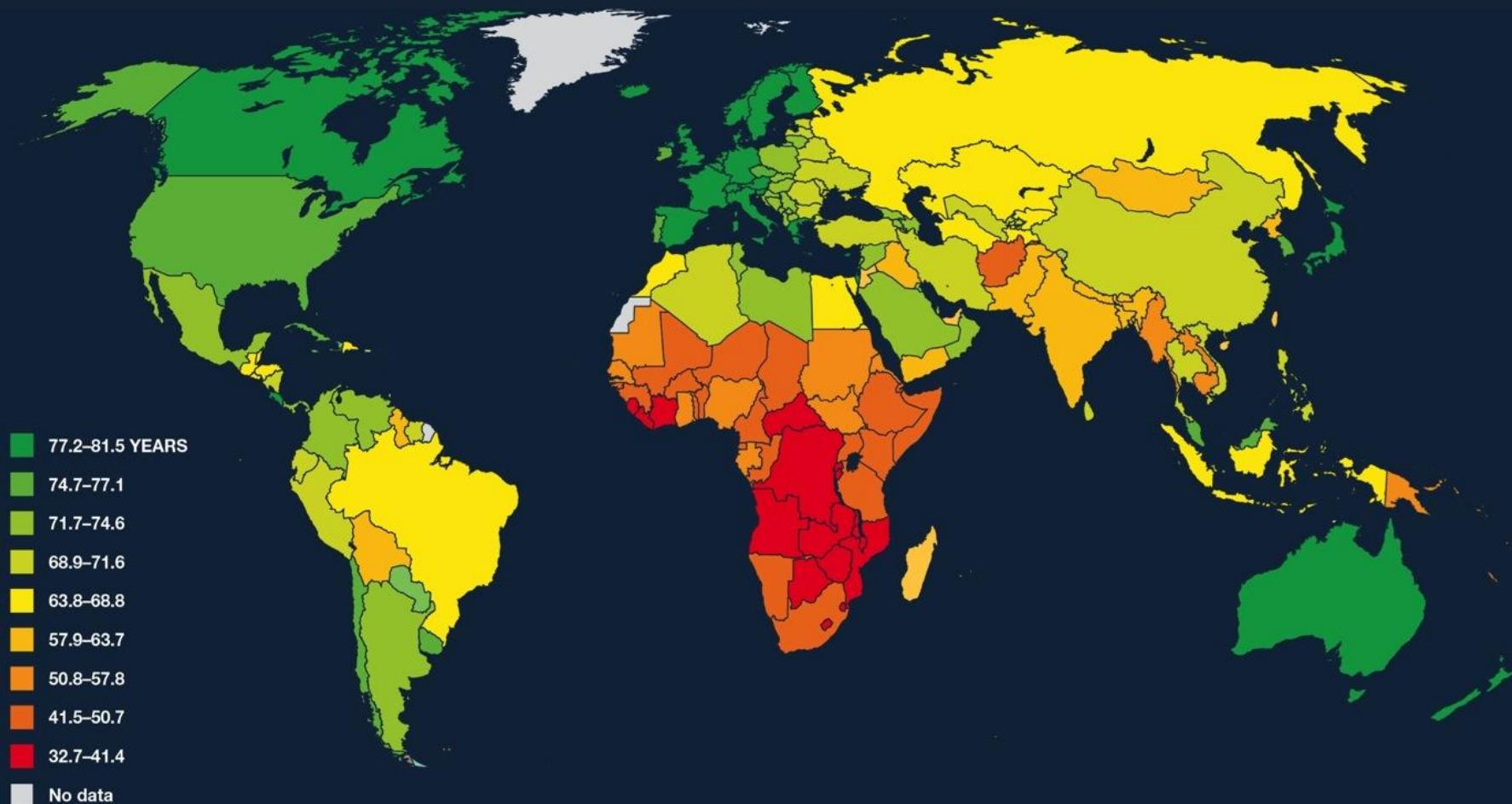
Mortality rate per 1,000, ages 40 to 64 years



# SOCIOECONOMIC GRADIENT CROSSES RACIAL/ETHNIC LINES



# HEALTH DISPARITIES GLOBAL LIFE EXPECTANCIES



# HEALTH DISPARITIES SHORT DISTANCES: LARGE DIFFERENCES

## WASHINGTON, DC



Source: Robert Wood Johnson Foundation, Commission to Build a Healthier America

# HEALTH DISPARITIES SHORT DISTANCES: LARGE DIFFERENCES

## NEW ORLEANS



Source: Robert Wood Johnson Foundation, Commission to Build a Healthier America

# HEALTH DISPARITIES SHORT DISTANCES: LARGE DIFFERENCES

## MINNEAPOLIS – ST. PAUL



Source: Robert Wood Johnson Foundation, Commission to Build a Healthier America

IN DETERMINING  
YOUR HEALTH...

85201



# COMMUNITY DEVELOPMENT IS IN THE ZIP CODE IMPROVEMENT BUSINESS



# AFFORDABLE HOUSING & SUPPORTIVE HOUSING



# SMALL BUSINESS & COMMUNITY INFRASTRUCTURE





**COMMUNITY DEVELOPMENT ATTACKS THE CORROSION EFFECTS  
OF POVERTY THAT LEAD TO POOR HEALTH & REDUCED LIFE  
CHANCES**

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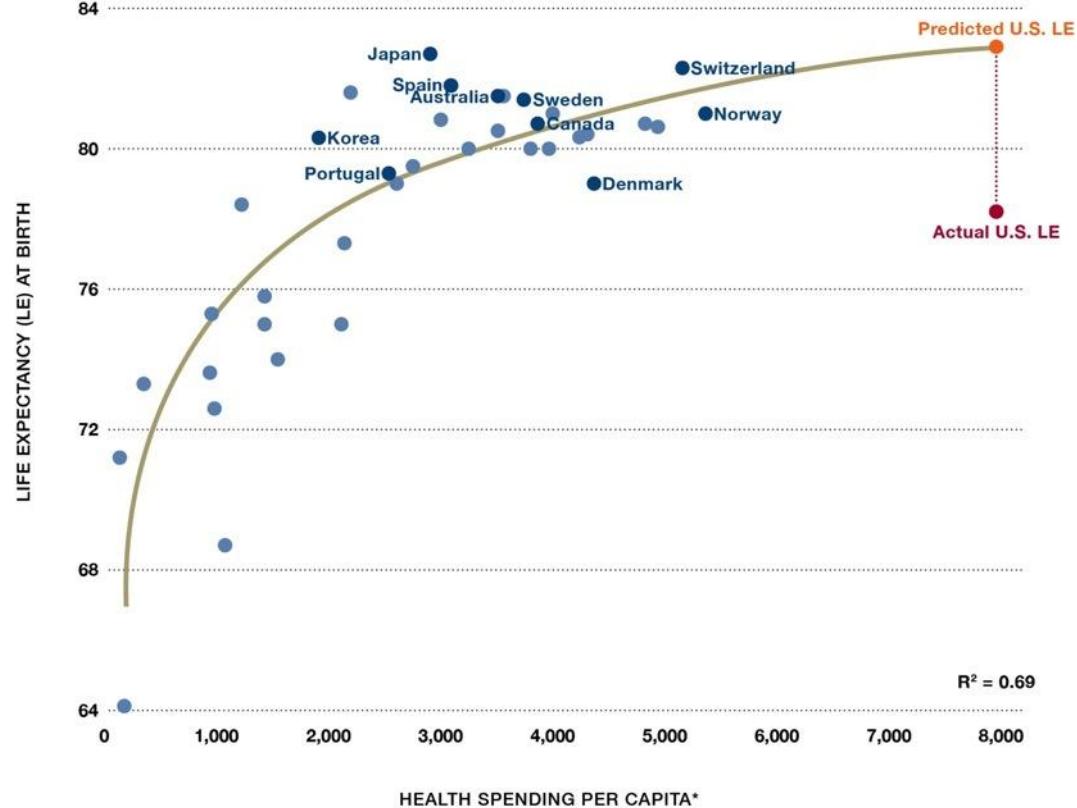
# WHY WE SHOULD ALL CARE

**\$2.9 TRILLION**



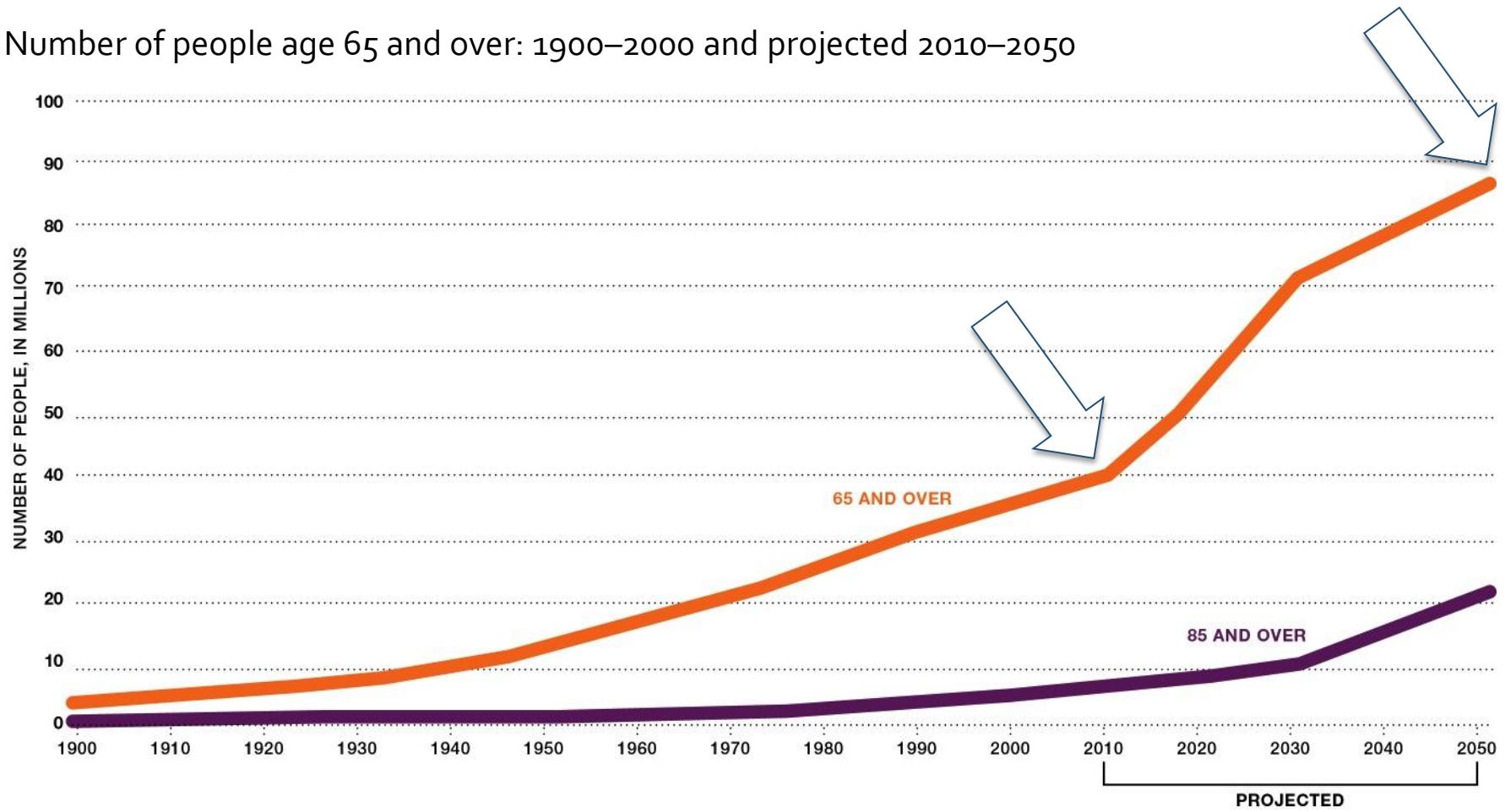
# WHY WE SHOULD ALL CARE

The U.S. Is Not Getting Good Value for its Health Dollar



# WHY WE SHOULD ALL CARE

Number of people age 65 and over: 1900–2000 and projected 2010–2050



# WHY WE SHOULD ALL CARE

**“Every child  
is precious”**



# THE STATUS QUO IS STUPID AND EXPENSIVE

---

WE SPEND MONEY ON THE WRONG THINGS

PRISON

vs

PRESCHOOL

SPECIAL EDUCATION

vs

TUTORS

EMERGENCY ROOM VISITS

vs

SUMMER CAMPS

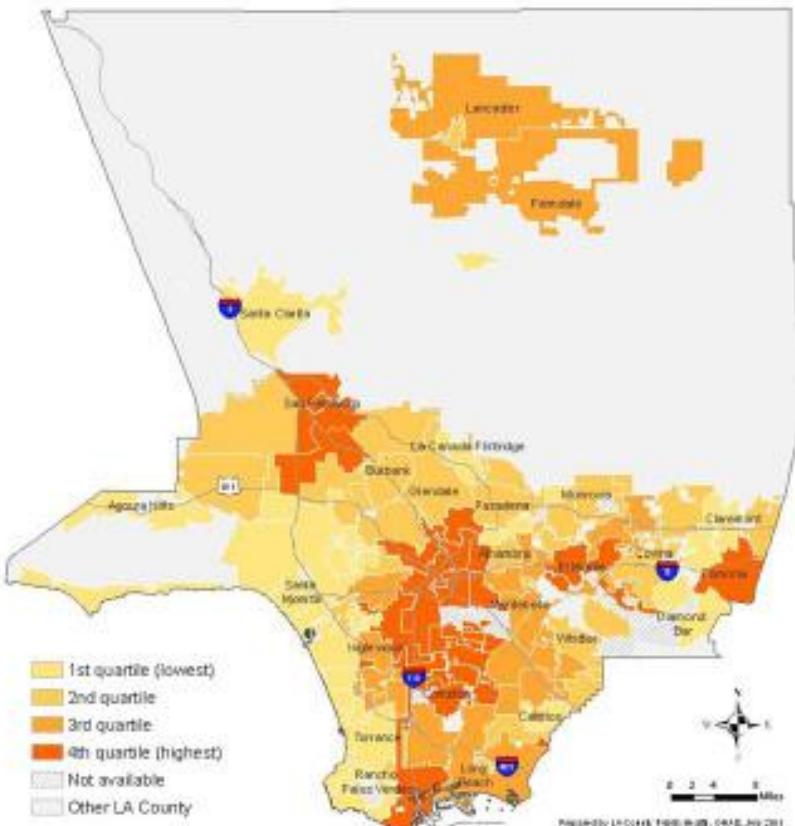
POLICE

vs

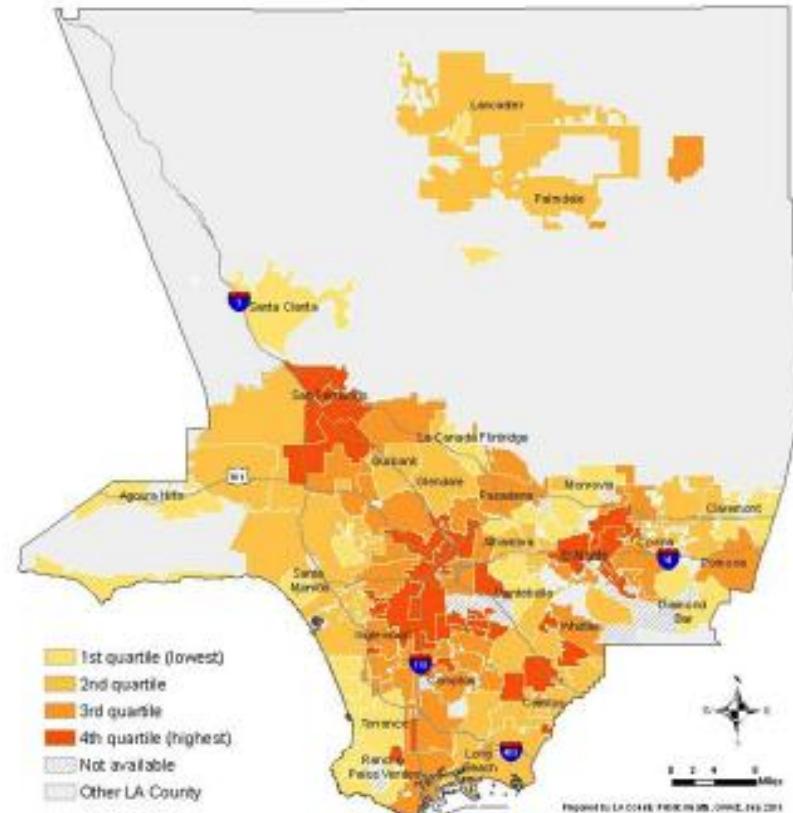
JOB TRAINING

# COMMUNITY DEVELOPMENT AND HEALTH WORK SIDE-BY-SIDE

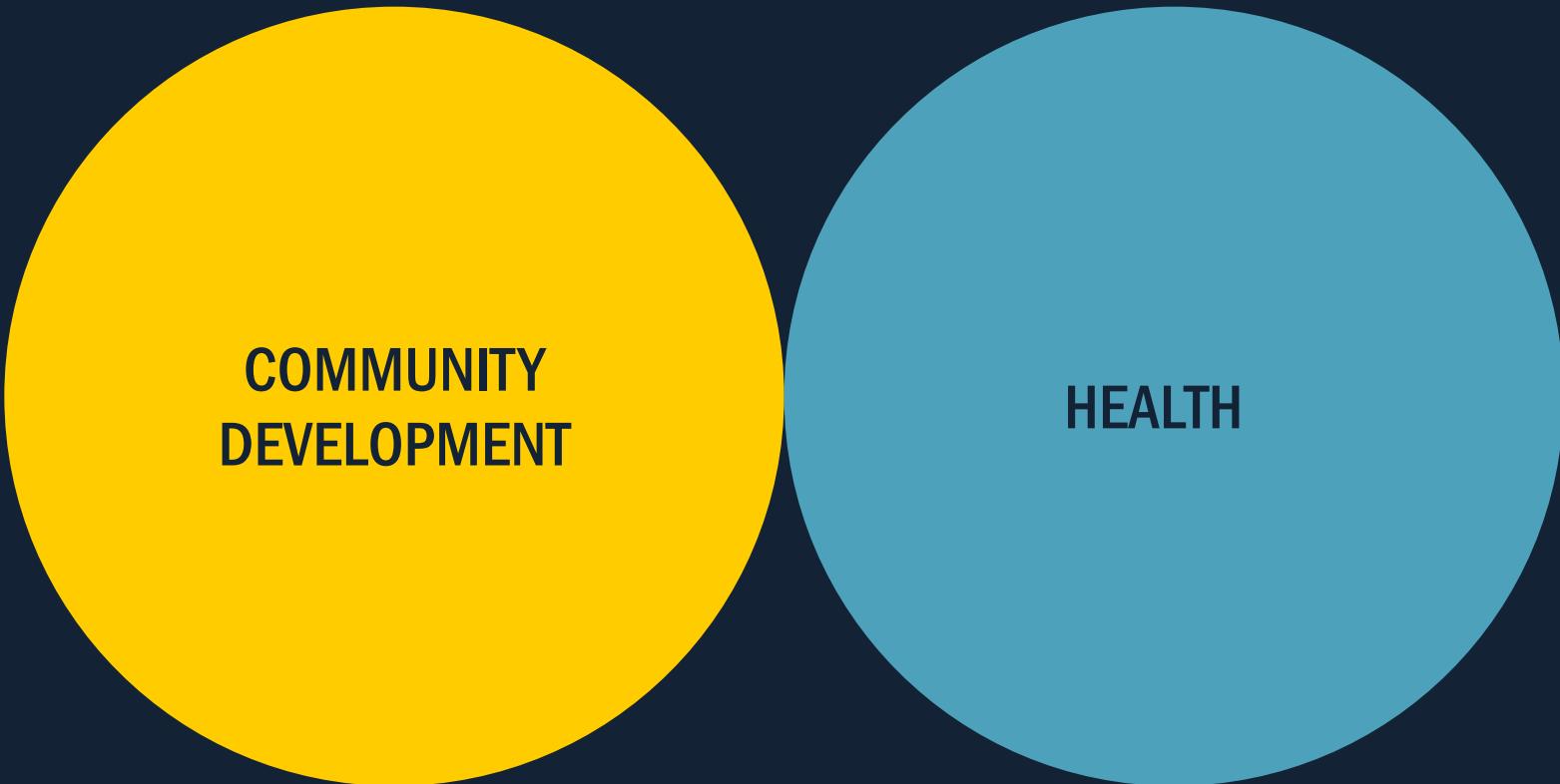
Economic Hardship Index by City/Community, Los Angeles County, 2000



Prevalence of Childhood Obesity by City/Community, Los Angeles County, 2005



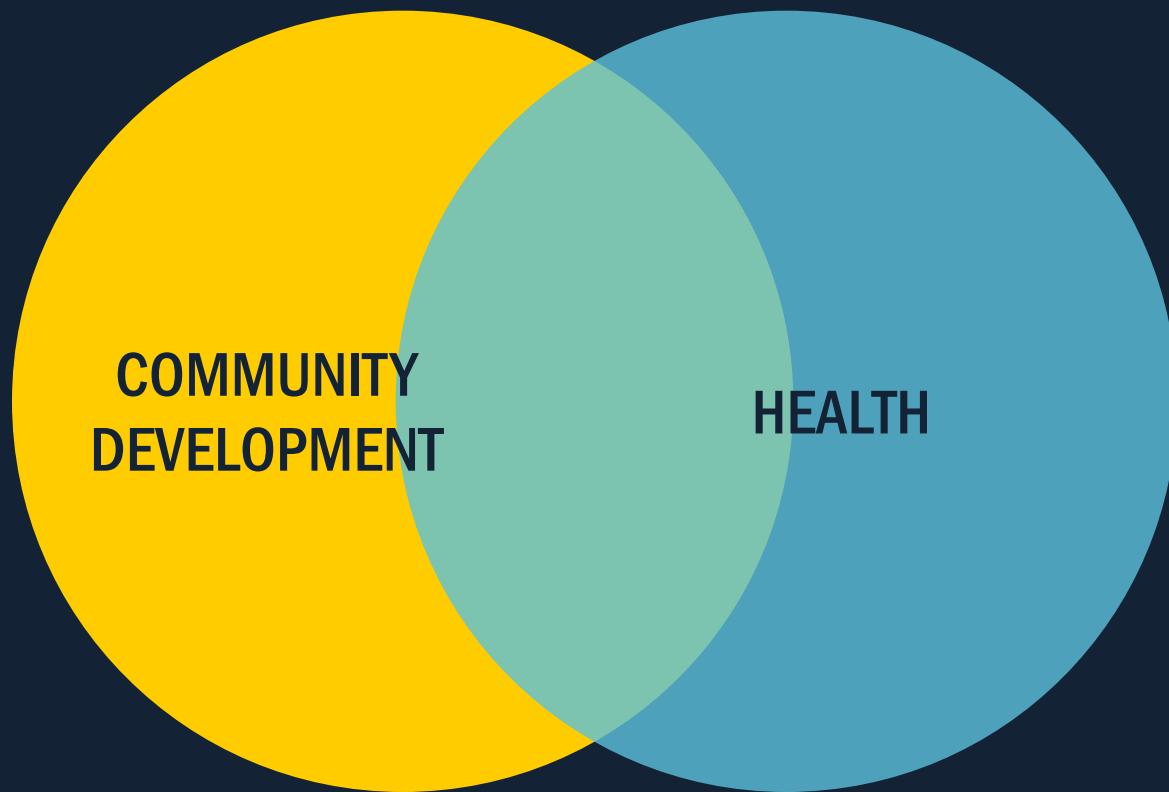
# COMMUNITY DEVELOPMENT AND HEALTH COULD BE A POWERFUL TEAM...



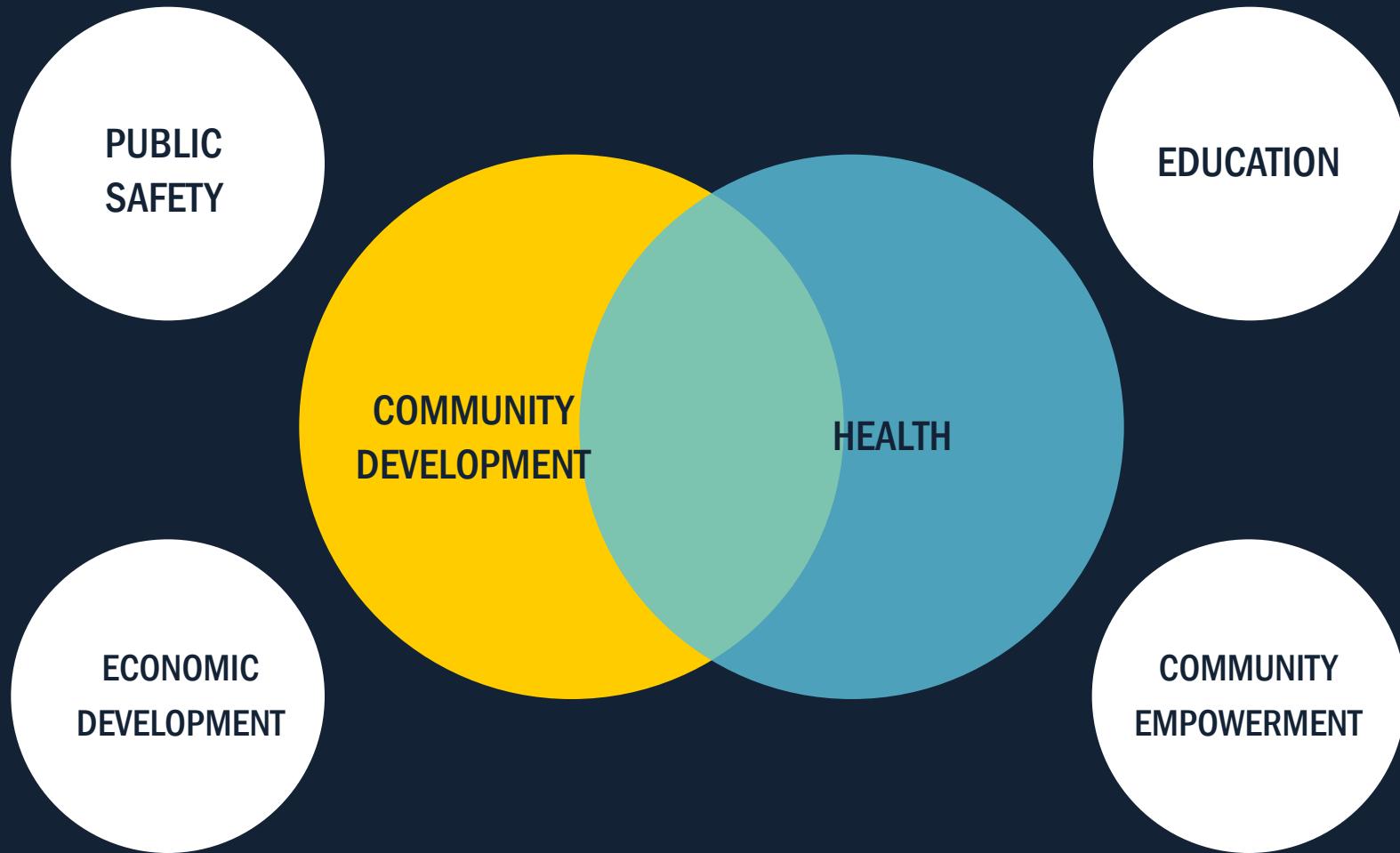
COMMUNITY  
DEVELOPMENT

HEALTH

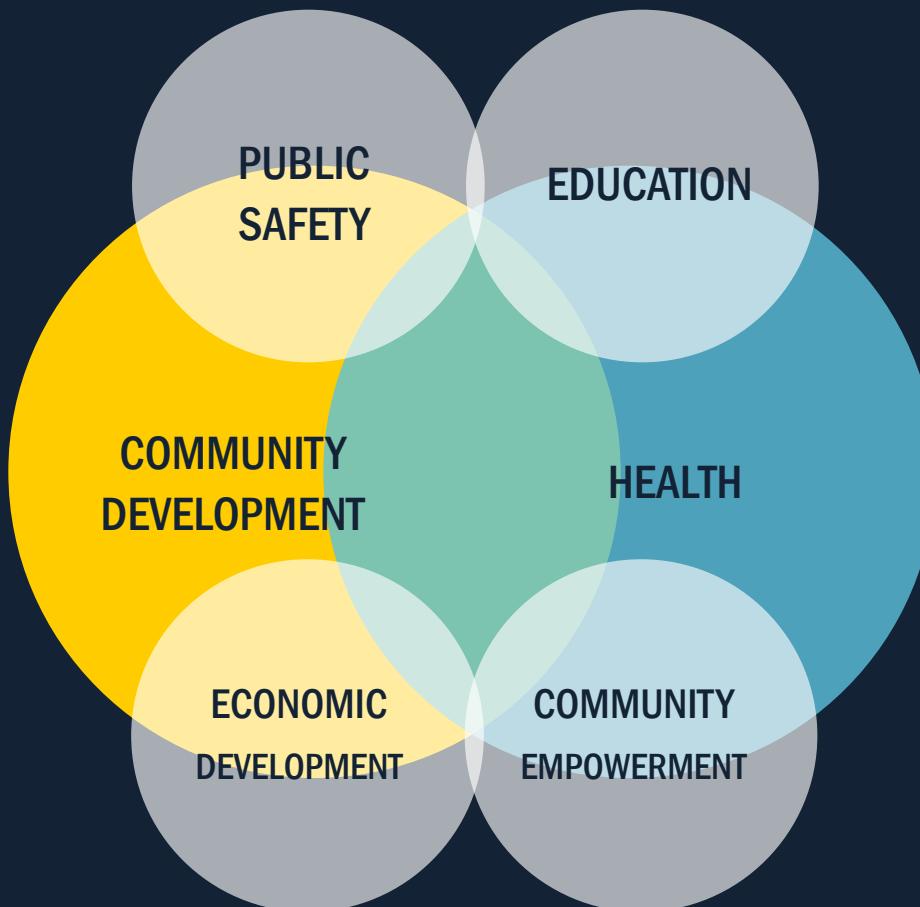
# ...BUT WE NEED MORE COORDINATION & INTEGRATION



# AND WE NEED MORE PARTNERS



# IT REQUIRES ALL HANDS ON DECK



# NATIONAL PARTNERSHIP FOR COMMUNITY DEVELOPMENT & HEALTH

BUILDHEALTHYPLACES.ORG

**Investing in Communities,  
Transforming Lives**

**WHAT MAKES**  
*a healthy community?*

**DATA & TOOLS**  
*to build healthy places*

**HOST OR EXPLORE**  
*one of our conferences*

**HEALTH STARTS WHERE  
WE LIVE, LEARN, WORK  
AND PLAY**

**EXPLORE THE FACTORS**

**VIDEO**

**At Oakland Childcare  
Center, changing a carpet  
changed everything**

**WATCH THE VIDEO ▶**

**DATA & TOOLS**

**How to talk about  
healthy communities**

**GET THE MESSAGES ▶**

**CONNECT** 

Never miss an important article or event. Get our weekly news update:

**NAME**

**EMAIL**

**ZIP**

**SIGN UP**

# BRIGHT EYES



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# THE DOCTOR IS OUT: HEALTH HAPPENS WHERE YOU LIVE, LEARN, WORK & PLAY

Douglas Jutte, MD, MPH  
School of Public Health, University of California, Berkeley

[dpjutte@berkeley.edu](mailto:dpjutte@berkeley.edu)

[www.buildhealthyplaces.org](http://www.buildhealthyplaces.org)